

NLM 25 x 5 Symposium to Reduce Documentation Burden

Session 1 – Current Challenges Related to *What We Document*

– via Zoom –

Friday, 15 January 2021 – 1:00p - 3:00p EST

Quality Measurement for Ranking vs Change – Implications on Expense and Burnout

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Quality Science



Disclosures

*I receive a monthly retainer as a part time
(3 days / month) senior advisor for **Health Catalyst**.
I also own (a small amount of) **Health Catalyst** stock.*

*Other than that, neither I nor any family
members have any relevant financial
relationships to be directly or indirectly
discussed, referred to or illustrated within the
presentation, with or without recognition.*

Aim defines the system.

Dr. W. Edwards Deming

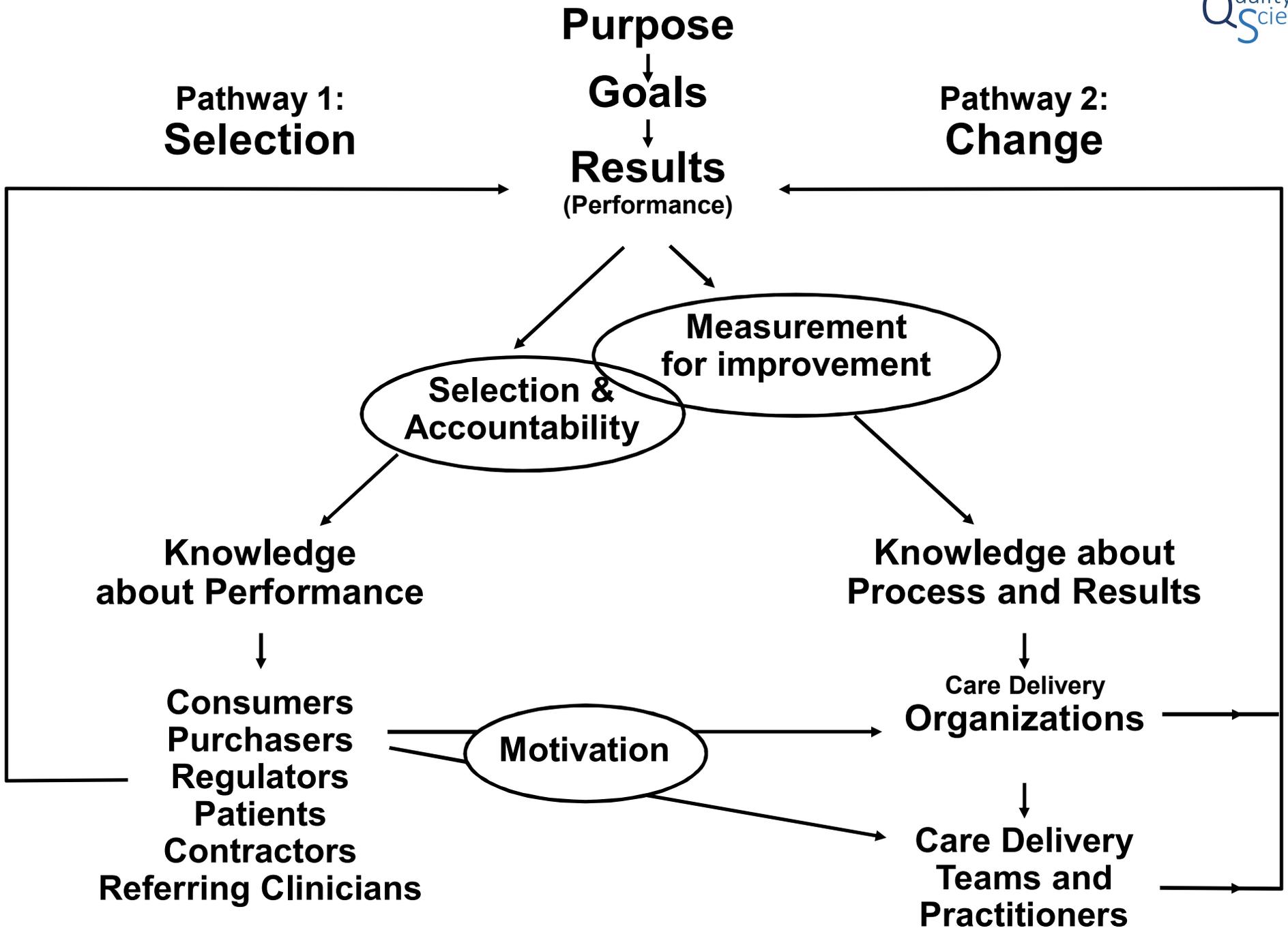
Two possible primary aims –

➤ **Outside in: selection / ranking**

- *focus on the person, a.k.a. Taylorism, judgment*
- *top-down*
- *accountability*
- *unfunded data mandates*
- *Internal aim: motivate/incentivize care providers*

➤ **Inside out: change / improvement**

- *focus on the process; internal operational data*
- *bottom up*
- *integrated data capture*
- *internal aim: make it easy to do it right*



Measurement for Selection / Ranking

- **Cannot rank accurately** – *it's an underlying mathematical problem, reflected in very wide confidence intervals.*
- **Shifts focus to manipulation of documentation.**
- **Rarely includes all needed measures essential for change** (*execution and improvement*).
- **Consumes large amounts of resources,** *often through “after the fact” data abstraction;*
- **leaving no resources for actual performance management and improvement.**

Thus,

Selection measures, imposed in the name of accountability and quality, often actively damage quality and block improvement

Measurement for Change / Learning

1. **Generates very different data sets** *than Selection*
 - strong, evidence-based method derived from RCT data design
 - intermediate and final clinical, cost, and satisfaction outcomes
 - optimized for process management and improvement
 - more extensive, clinically focused than typical Selection measures
2. **Is parsimonious** (no “recreational data collection” while avoiding *availability bias*)
3. **Minimizes burden** - integrates into clinical workflow; tends to be what clinical teams must generate to deliver care
4. **"Contains" selection measures** - produces robust patient outcomes measures suitable for public accountability

A series of registries

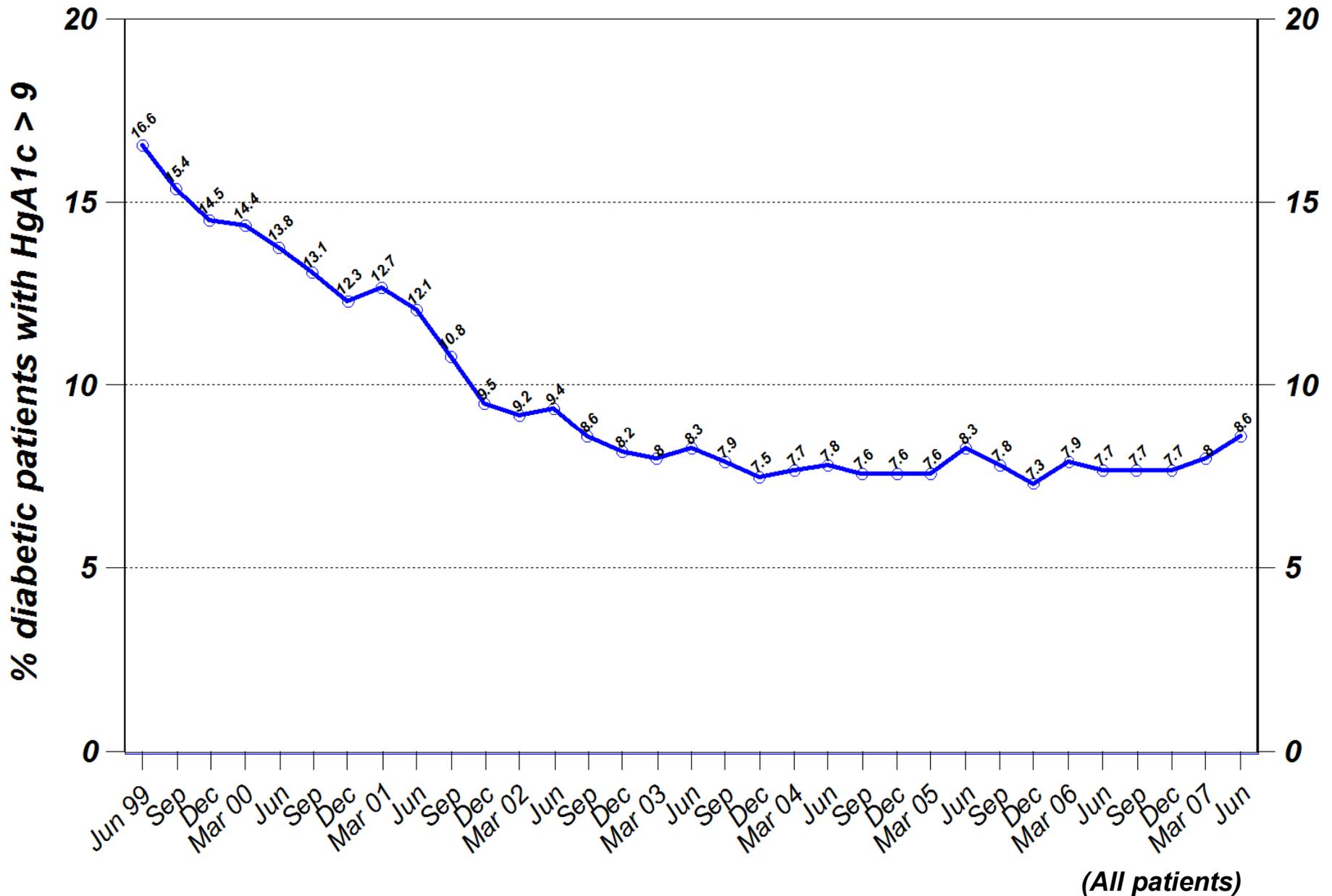
(we had 57, which covered about 80% of all care delivered in the system)

- **Disease specific** *(e.g., Type II diabetes mellitus, heart failure, pregnancy/labor/delivery, acute myocardial infarction (AMI – heart attack))*
- **System wide** – *captures data from all care delivery locations*
- **Intermediate and final clinical and cost outcomes** – *need both clinical and cost outcomes to measure “value”*
- **Primary aim: support care delivery**
- **Secondary aim: accountability**

Case study

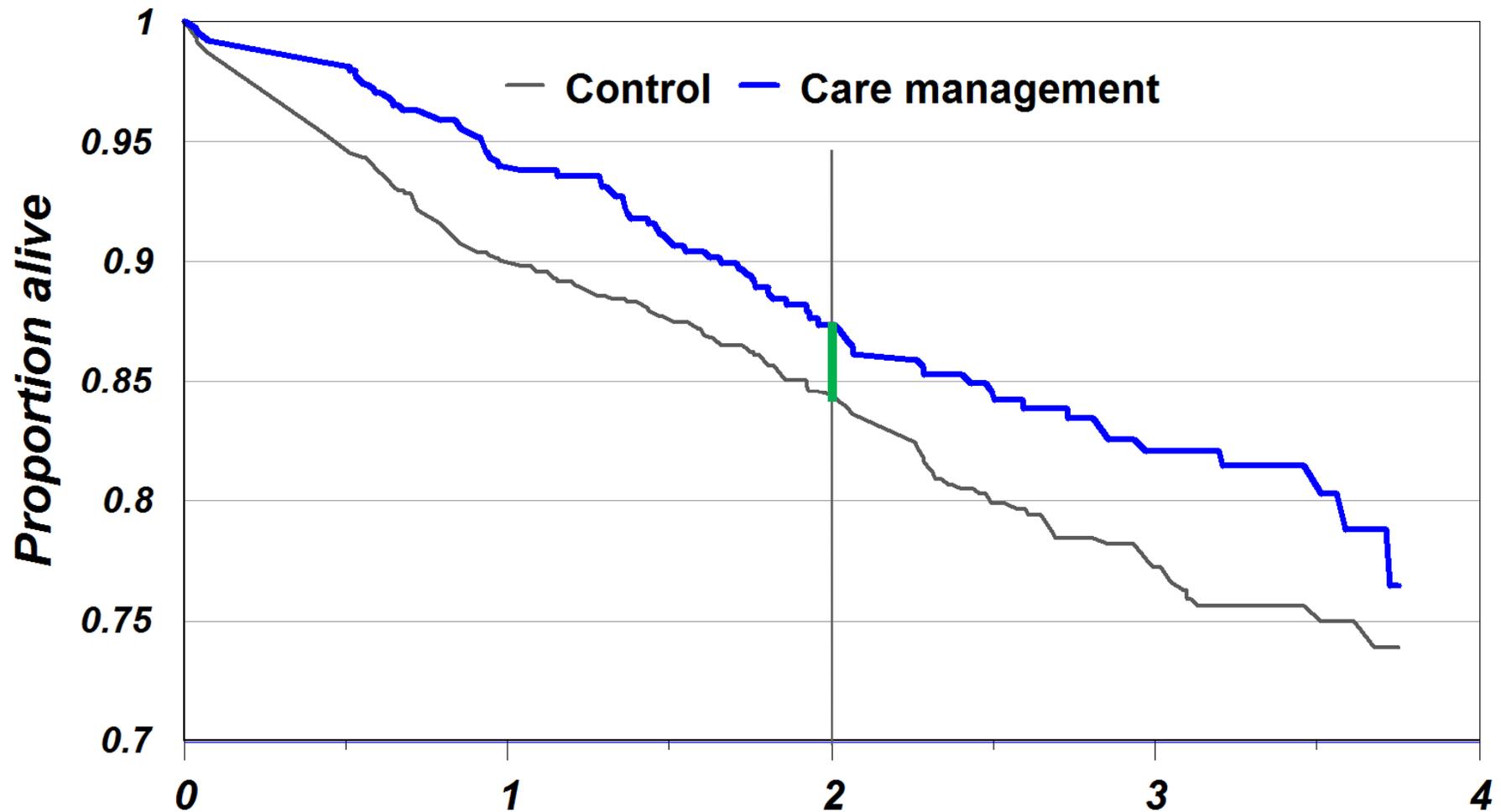
- ***Type II diabetes mellitus***
- ***~60,000 patients***
- ***90+% of all care delivered by primary care***
- ***Supported by 6 specialists*** (*diabetic endocrinologists, aided by diabetic educators based in their offices*)
- ***A fragmented system*** – *more than half of participating primary care physicians were independent; they used many different electronic medical record systems*

Poor HbA1c control



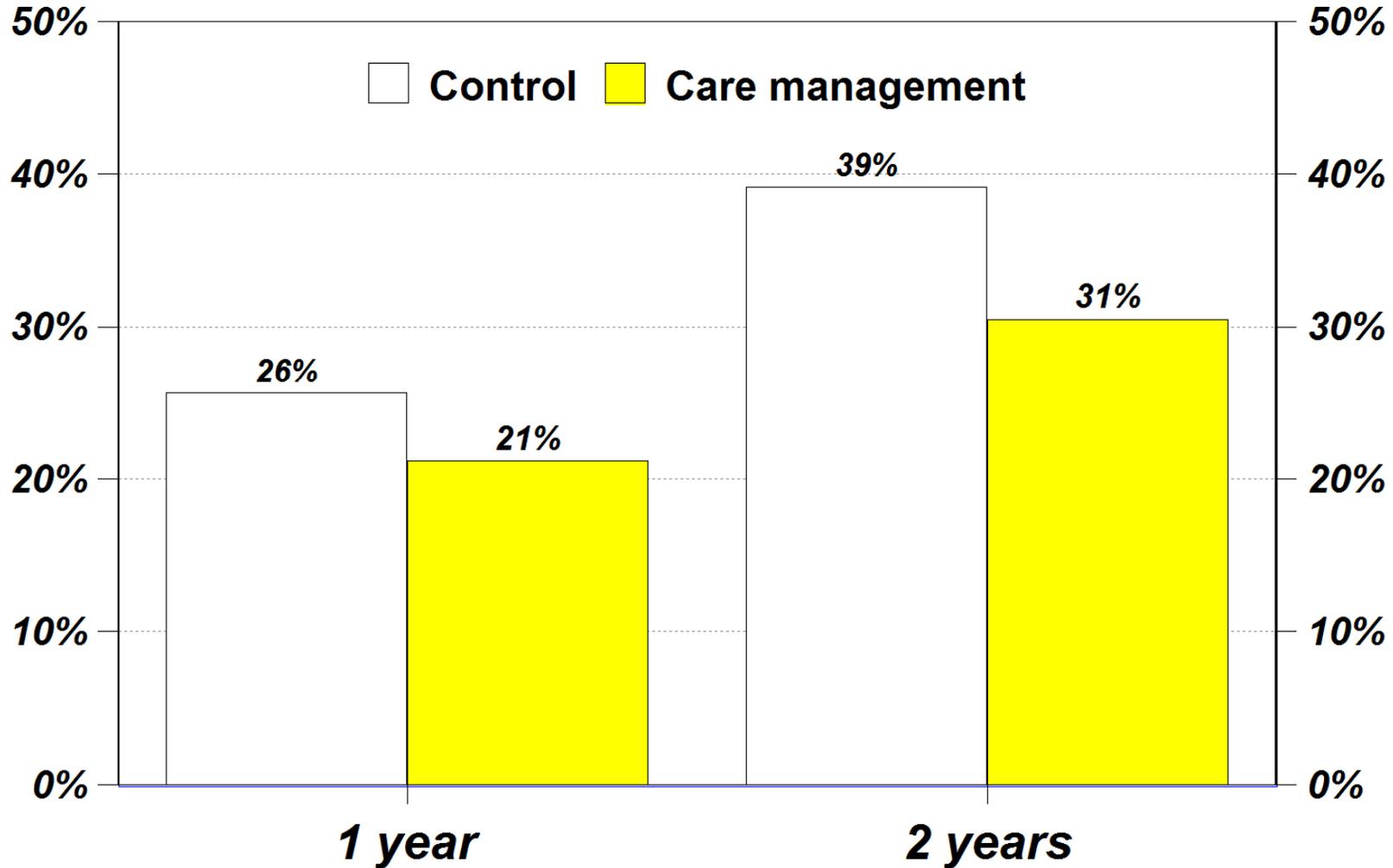
Diabetes trial – reduced mortality

Complex diabetes patients - mortality rates



Diabetes trial – lower cost of care

Complex diabetes patients - hospitalization rates



Four decision support tools:

1. ***Action lists***
2. ***Patient worksheets***
3. ***Comparative outcomes***
4. ***Financial incentives***

Diabetes Patient Follow-Up Worksheet: All Patients

Report Period April-01-2008 to March-31-2009



Patients that need follow-up are those whose average Blood Pressure > 130/80, last A1c value was > 8.0, last LDL > 100, and/or Triglycerides >= 400, or any of the aforementioned tests were not performed during the reporting period. Please remember "credit" can be given to improve individual scores if patients are contacted by your office but are not compliant or lab information is incorrect.

Provider Name (Provider ID) - Clinic Name					14 Patients That Need Follow-up										
SelectHealth Incentive Benchmark Goals:					50% to 90%			76% to 81%			85% to 90%		54% to 59%		
Total SelectHealth Patients - 21					100%			77%			92%		62%		
SelectHealth Current Diabetes Performance:					Blood Pressure			Lipid Management			HGA1c		MicroAlbuminuria		
SelectHealth Patient Name	IDX MRN	Birthdate	Phone	Last Office Visit	Date	BP	<=130/80	Date	LDL †	HDL	Trig	Date	HGA1c	Date	MicroAlb ‡
				12/18/2006	12/18/2006	130/80	Yes	2/26/2007	105	50	227		Not Tested		Not Tested
Corrections															
				5/31/2007	5/31/2007	131/79	No	1/13/2007	99	30	230	5/31/2007	4.9		Not Tested
Corrections															
				5/11/2007	6/18/2007	108/59	Yes		74		236	1/16/2007	6.9		Not Tested
Corrections															
				5/3/2007	5/3/2007	131/73	No	12/13/2006	99	39	232	3/8/2007	NA		Not Tested
Corrections															
				3/15/2007	3/15/2007	131/83	No		Not Tested			12/14/2006	6.2		Not Tested
Corrections															
				10/2/2006	10/23/2006	131/80	No	10/2/2006	92	53	282	11/13/2006	6.8	10/2/2006	NEG
Corrections															
				6/4/2007	6/4/2007	111/63	Yes		23		115	6/4/2007	10.8		Nephropathy Tx
Corrections															
				2/16/2007	2/16/2007	144/74	No	8/23/2006	92	29	339	2/16/2007	5.9	8/23/2006	POS
Corrections															

Administrative (HEDIS) criteria for diabetes (at least 2 face-to-face contacts in an outpatient facility and an ICD-9-CM code 250.xx; or at least 1 inpatient stay and an ICD-9-CM code 250.xx; or at least 1 prescription for insulin or an oral hypoglycemic agent) in the current measurement period or prior measurement periods.

* Indicates a new patient on the list from last reporting period.

** Avg B/P measure is an average of the last three EMR recorded blood pressure results from home or clinic. Blood pressure data only available for physicians with access to Intermountain EMR.

□ Indicates a patient that has been noted in the EMR as having an in-control blood pressure within the last six months.

† Indicates a SelectHealth patient who has a pharmacy benefit, is over 40 years old with an LDL test above 100, and is not on a lipid lowering medication.

‡ Indicates a SelectHealth patient who has a pharmacy benefit, a positive microalbuminuria test and is not on ACEI or ARB medication.

CONFIDENTIAL: This material is prepared pursuant to Utah Code Ann. 26-25-1 et. seq., Idaho Code Ann. 39-1392 et seq., for improvement of the quality of hospital and medical care rendered by hospitals or physicians.



PATIENT NAME TEST, A A	SEX F	DOB 09/01/1964	MMI# 545073664	MRN# 545073664
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Problems

Hyperthyroidism Hypertension
 status post hyperthyroidism hypertension secondary to chronic kidney disease
 Diabetes mellitus type 2, insulin treated

Active Medications

- Digitoxin, 0.1mg, Tablet; 3 TABL
- Entex LA (Guaifenesin/PPA HCl) 100 mg, Tablet SA 2 2 ATLET, BID

Preventive Care

CV Risk Pap Smear
 5%*(1.4x)** No Data

Clinical Laboratory Data

HgbA1c (<=7.0)	UA Protein	uAlb/Cr (<30)	24 Urine Albumin (<30)
No Data	06/01/2001 Negative 12/18/2000 Positive 11/06/2000 Negative	No Data	No Data

Serum Cr	Serum K	Lipid Profile	LDL (<100)	Trig (<200)	HDL (>35)	CHOL (<200)
04/26/2003 1.1	04/26/2003 4.2	04/26/2003 100	53	50	176	
10/25/2002 2.0	02/05/2003 6.0	04/08/2003 154	85	41	212	
02/27/2002 1.6	10/25/2002 4.5	02/24/2003 149	151	41	220	
10/03/2001 2.3	01/29/2002 6.1	02/06/2003 168	189	33	239	

TC/HDL Ratio	HCT	hsCRP	Homocysteine	Fasting Glucose
04/26/2003 3.5	02/05/2003 35.9 %	04/06/2003 0.6 mg/l	04/06/2003 6 mcmol/l	02/25/2003 127
04/06/2003 5.2	10/02/2002 37.7 %	02/24/2003 1.2 mg/l		12/19/2002 127
02/24/2003 5.4	08/23/2002 45.0 %			01/02/2002 127
02/06/2003 7.2	07/19/2002 29.9 %			12/20/2001 127

Clinic Data

Date	Weight	BMI (<25)	Weight Class	Blood Pressure (<130/80)	Heart Rate
No Data	-	-	-	01/25/2001 145/74 mmHg	01/25/2001 86

Last foot exam: No Data
 Last dilated retinal exam: No Data

Reminders

Preventive

* Predicted % Risk over 10 years of a cardiovascular event (MI, revascularization, CVA, death).
 ** Relative Risk over 10 years of a cardiovascular event compared to lowest risk category.
 Pap and pelvic suggested every 3 years starting at age 21 for Pap tests.
 For Patients with known Cardiovascular Disease, refer to D.C. 100.
 Blood Pressure measurement is suggested for adults every two years.
 Suggested follow-up for missing data: - Pap Smear
 Pneumovax suggested for all patients age 65 and above, and all patients over age 2 with systemic chronic disease.

Diabetes

Suggest repeat Urine Albumin Test more than (>) 1 year since last test.
 Last ALT = 28 on 4/26/2003 & AST = 66 on 4/26/2003
 Suggested follow-up for missing data: - HgbA1c - Dilated Retinal Exam - Foot Exam - Weight

Hypertension

ACE Inhibitors (ACEI) or if ACEI intolerant, Angiotensin II Receptor Blockers (ARBs) or the combination of ACEI or ARBs and Diuretics are the recommended initial drug therapy for patients who are diagnosed with hypertension in conjunction with Diabetes.

Problems and chronic conditions

Medication profile

Preventive care summary

Pertinent labs

Pertinent exams

Passive reminders organized by illness

General patient status information

Disease specific information

Diabetes Summary Report

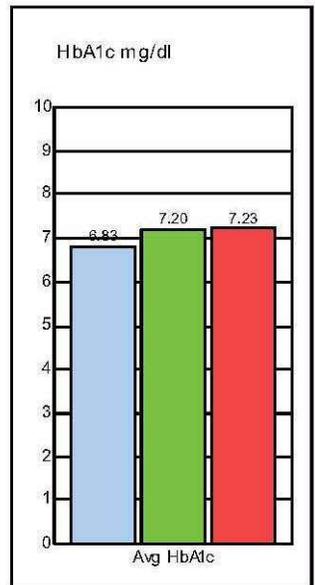
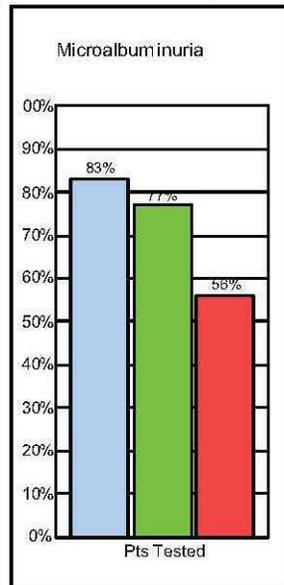
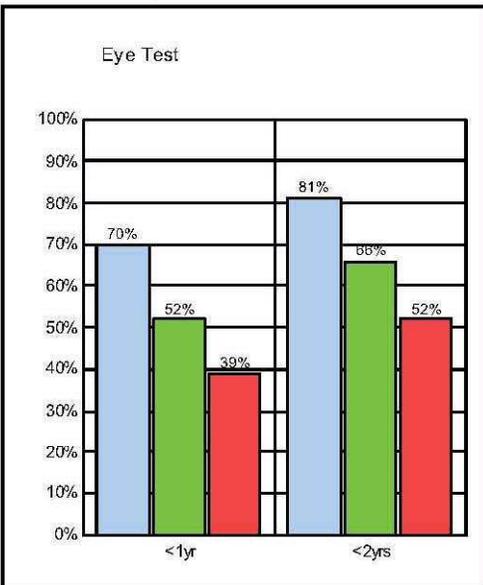
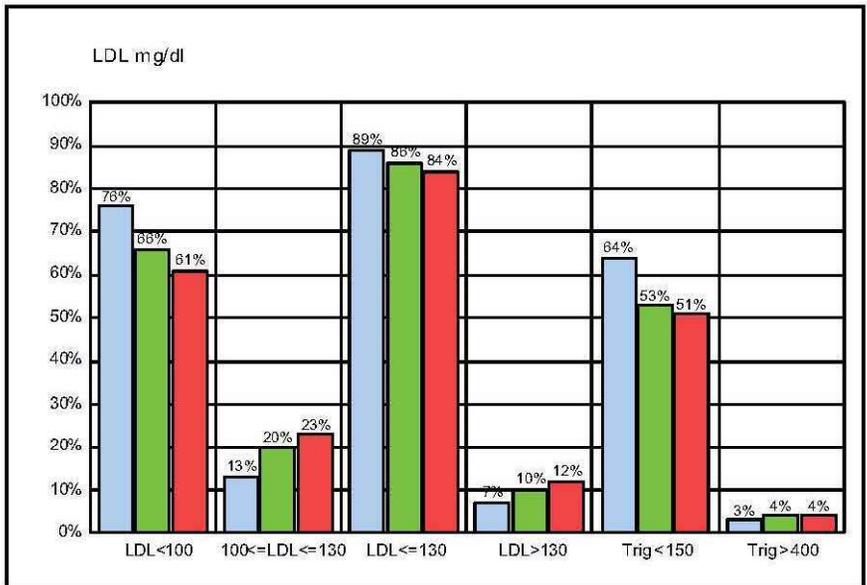
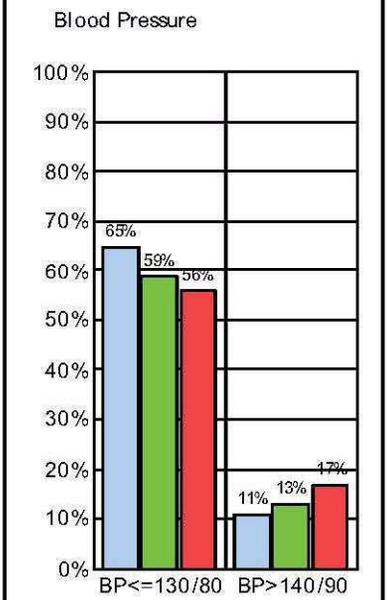
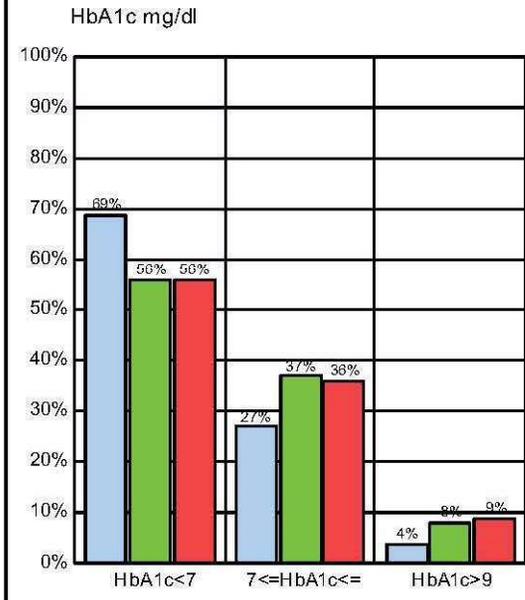
Provider: Towner, Steven (168)

Period: Oct 2008 - Sep 2009

Patients Tested (Prop of Tot Pts%) - All Patients

	Provider	Region	System
HbA1c	234(96%)	1,787(94%)	38,127(85%)
LDL	215(88%)	1,642(87%)	31,764(71%)
Eye Exam	37(70%)	182(52%)	5,448(39%)
Microalbuminuria	203(83%)	1,468(77%)	25,157(56%)
Blood Pressure	243(100%)	1,870(99%)	29,655(94%)
Total Patients	244	1,897	44,705

1. LDL measures represent two years ending in the chosen period. 2. Eye exam % calculated using SelectHealth patients only. 3. Includes spot microalbumin, 24 hour urine for protein and microalbumin/creatinine ratio within the reporting period, or any history of treatment for nephropathy. 4. Measure is an average of the last three EMR recorded blood pressure results from home or clinic. Blood pressure data only available for physicians with access to Intermountain EMR.



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Steven Towner - Intermountain Salt Lake Clinic - Intermountain Medical Group

Intermountain Primary Care Clinical Programs: Adult Diabetes Medical Director Summary Report

Reporting Period: 01-Jul-08 To 30-Jun-09

Medical Director:



Intermountain Medical Group

Family Medicine		Hemoglobin A1c Summary: 12 Months					LDL Summary: 12 Months					Blood Pressure:		MA:	
Clinic Location	Diabetes Patient Count	Tested	Tested, result NA	Percentages based on only those with available A1c results			Tested	Tested, result NA	Percentages based on only those with available LDL results			BP Results If Available	BP In Control	MA Tested	
				A1c<7.0	7.0<=A1c<=8.0	A1c>8.0			LDL<100	100<LDL<=130	LDL>130				
Clinic Name Tain Taylorsville Clinic															
Provider Name															
	SelectHealth 98	88 (90%)	1 (1%)	40 (46%)	26 (30%)	21 (24%)	92 (94%)	0 (0%)	60 (65%)	17 (18%)	14 (15%)	97 (99%)	44 (45%)	67 (68%)	
	All Other Payers 209	184 (88%)	4 (2%)	94 (52%)	29 (16%)	57 (32%)	178 (85%)	0 (0%)	86 (48%)	50 (28%)	31 (17%)	201 (96%)	74 (37%)	110 (53%)	
	Combined 307	272 (89%)	5 (2%)	134 (50%)	55 (21%)	78 (29%)	270 (88%)	0 (0%)	146 (54%)	67 (25%)	45 (17%)	298 (97%)	118 (40%)	177 (58%)	
Family Medicine Summary:															
	SelectHealth 98	88 (90%)	1 (1%)	40 (46%)	26 (30%)	21 (24%)	92 (94%)	0 (0%)	60 (65%)	17 (18%)	14 (15%)	97 (99%)	44 (45%)	67 (68%)	
	All Other Payers 209	--	--	--	--	--	--	--	86 (48%)	50 (28%)	31 (17%)	--	74 (37%)	--	
	Combined 307	272(89%)	5 (2%)	134 (50%)	55 (21%)	78 (29%)	270 (88%)	0 (0%)	146 (54%)	67 (25%)	45 (17%)	298 (97%)	118 (40%)	177(58%)	

Intermountain Medical Group

Internal Medicine		Hemoglobin A1c Summary: 12 Months					LDL Summary: 12 Months					Blood Pressure:		MA:	
Clinic Location	Diabetes Patient Count	Tested	Tested, result NA	Percentages based on only those with available A1c results			Tested	Tested, result NA	Percentages based on only those with available LDL results			BP Results If Available	BP In Control	MA Tested	
				A1c<7.0	7.0<=A1c<=8.0	A1c>8.0			LDL<100	100<LDL<=130	LDL>130				
Clinic Name Tain Holladay Clinic															
Provider Name															
	SelectHealth 48	48 (100%)	0 (0%)	31 (65%)	6 (13%)	11 (23%)	47 (98%)	1 (2%)	26 (57%)	13 (28%)	6 (13%)	48 (100%)	31 (65%)	31 (65%)	
	All Other Payers 247	240 (97%)	0 (0%)	161 (67%)	49 (20%)	30 (13%)	237 (96%)	0 (0%)	162 (68%)	50 (21%)	21 (9%)	247 (100%)	163 (66%)	165 (67%)	
	Combined 295	288 (98%)	0 (0%)	192 (67%)	55 (19%)	41 (14%)	284 (96%)	1 (0%)	188 (66%)	63 (22%)	27 (10%)	295 (100%)	194 (66%)	196 (66%)	
Internal Medicine Summary:															
	SelectHealth 48	48 (100%)	0 (0%)	31 (65%)	6 (13%)	11 (23%)	47 (98%)	1 (2%)	26 (57%)	13 (28%)	6 (13%)	48 (100%)	31 (65%)	31 (65%)	
	All Other Payers 247	--	--	--	--	--	--	--	162 (68%)	50 (21%)	21 (9%)	--	163 (66%)	--	
	Combined 295	288(98%)	0 (0%)	192 (67%)	55 (19%)	41 (14%)	284 (96%)	1 (0%)	188 (66%)	63 (22%)	27 (10%)	295 (100%)	194 (66%)	196(66%)	
Medical Director Summary:															
	SelectHealth 146	136(93%)	1 (1%)	71 (53%)	32 (24%)	32 (24%)	139 (95%)	1 (1%)	86 (62%)	30 (22%)	20 (14%)	145 (99%)	75 (52%)	98(67%)	
	All Other Payers 456	424(93%)	4 (1%)	255 (61%)	78 (19%)	87 (21%)	415 (91%)	4 (1%)	248 (60%)	100 (24%)	52 (13%)	448 (98%)	237 (53%)	275(60%)	
	Combined 602	560(93%)	5 (1%)	326 (59%)	110 (20%)	119 (21%)	554 (92%)	1 (0%)	334 (60%)	130 (24%)	72 (13%)	593 (99%)	237 (53%)	373(62%)	

IHC Primary Care System Goals and Managed Care Incentive

Achievement Summary: Internal Medicine

Reporting Period: 01-Jan-04 To 31-Dec-04



Medical Director: Towner

1.) Diabetes, HbA1c Testing

The percent of patients with diabetes who had a HbA1c test within the last 12 months.

Your Achievement: 78%
System Goal: 80%
Managed Care Incentive Goal: 85%
Your Score in this area is: 0%

2.) Diabetes, LDL Testing

The percent of patients with diabetes who had a LDL test within the last 24 months.

Your Achievement: 94%
System Goal: 80%
Managed Care Incentive Goal: 85%
Your Score in this area is: 100%

3.) Urine Microalbuminuria Screen

Number of patients with diagnosis of diabetes who had appropriate urine screen in last 12 months.

Your Achievement: 72%
Goal: 45%
Managed Care Incentive Goal: 55%
Your Score in this area is: 100%

4.) Asthma Care

Percent of patients in your Internal Medicine Group with "higher risk asthma" who filled at least one prescription for a controller in the last year.

Your Group Achievement: 94%
Goal: 82%
Managed Care Incentive Goal: 87%
Your Score in this area is: 100%

5.) Clinical Learning Day

Your Score in this area is 100%

Attended a Clinical Learning Day Program in 2003 or 2004

Your Score for each of the above measures is computed as follows:
-100% if you exceed the Managed Care Incentive (MCI) goal
-0% if you are below the System Goal
-50%-100% sliding scale if you are between the System and MCI goals

Managed Care Incentive Summary

Your total score is computed using the following weighting:

25% from Item 1 Diabetes (HbA1c Testing)
25% from Item 2 Diabetes (LDL Testing)
10% from Item 3 Urine Microalbuminuria Screen
15% from Item 4 Asthma Care
25% from Item 5 Attend Clinical Learning Day

Your Total Managed Care Incentive Score is: 75%

Please fax corrections to this report to: Steven Towner 355-3748

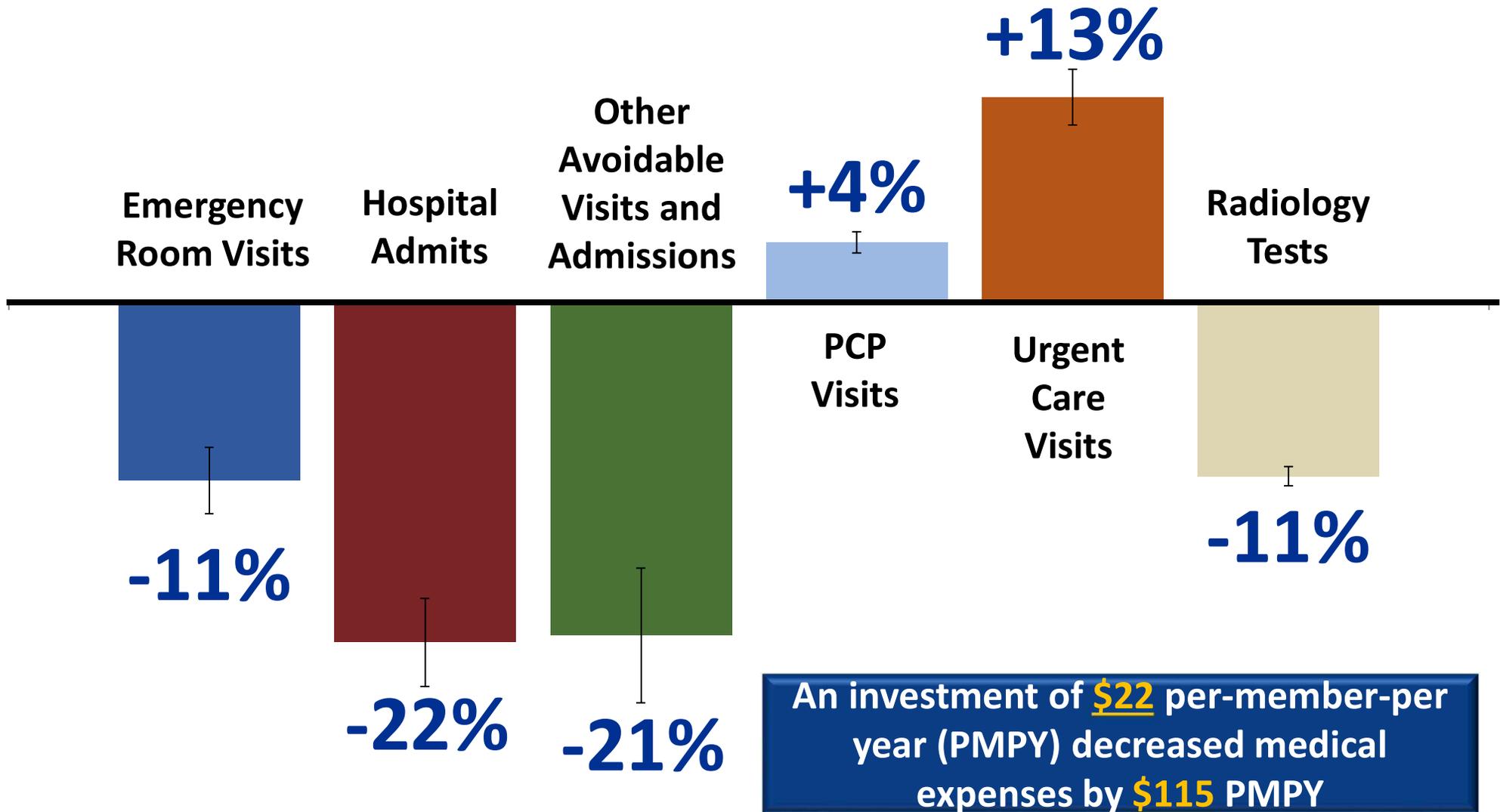
Employed

Of the 4 measurement tools shown, *which was most effective in driving change?*

1. **Action lists** *(tools to move from episodic to continuous care)*
2. **Patient worksheets** *(targets of opportunity - embedded, evidence based reminders at every point of contact)*
3. **Comparative outcomes** *(what is possible, who to ask)*
4. **Financial incentives** *(see: Drive by Daniel Pink; intrinsic vs extrinsic motivators, algorithmic vs heuristic work settings)*

Team-Based Care

(3rd generation patient-centered medical home)



Reiss-Brennan B, Brunisholz KD, Dredge C, Briot P, Grazier K, Wilcox A, Savitz L, and James B. Association of integrated team-based care with health care quality, utilization, and cost. *JAMA* 2016; 316(8):826-34 (Aug 23/30).

What does “transparency” mean?

Institute of Medicine x2:

a situation in which those involved in health care choices (patients, health professionals, payers) have sufficiently accurate, complete, and understandable information about expected clinical results to make wise decisions.

- *Such choices involve not just the selection of a hospital or a physician, but also the series of testing and treatment decisions that patients routinely face as they work their way through diagnosis and treatment.*
- *Most patients consume medical information in the context of a relationship with a trusted clinician (wise counselor, trusted advisor).*
- *Most clinicians don't know (don't measure, or have easy access to) their own short- and long-term clinical outcomes. As a result, they cannot accurately advise patients regarding treatment choices.*

***The key functional element was
transparency at the front line;***

***That transparency depended on
data systems designed primarily for
execution / improvement,***

with a secondary aim of accountability.

Extra slides – just in case related questions arise

In other industries *(e.g., the SEC / stock market)*

Financial **data are generated as part of
internal operations;**

then

**used for
external reporting.**

It does require an audit function:

- *GAAP (generally-accepted accounting principles)*
- *GAAS (generally-accepted accounting standards)*
- *an independent, certified CPA uses GAAS to audit financial reports*

Care delivery performance version:

The care generates the data –

- it identifies useful and necessary data*
- then generates and captures those data*
(data capture integrated into care delivery processes)

Identifying data to track

3 general methods:

1. **Use what we have** – mostly financial claims data; called **“availability”**
2. **Ask the experts** – assemble a group of specialists, and ask them what is important; major risk of **“recreational data collection”** (missing critical cofactors and entry, exclusion, and stratification elements; other data elements that turn out to have no utility)
3. **Structured expert opinion** – derived from proven methods to design data systems for randomized, controlled, trials

Measures for clinical management

- ◆ **We already had "sophisticated" automated data**
 - **financial systems** (claims data)
 - **time-based Activity Based Costing** (since 1983)
 - **clinical data for government reporting** (JCAHO, CMS Core Measures, etc.)
 - **other automated data** (first in nation continuous EMR: lab, pharmacy, blood bank, etc.)
 - **Danger! Availability bias!**
- ◆ **Still missing 30 - 50% of data elements essential for clinical management** (and the primary reason that the 2 initial Intermountain initiatives for clinical management failed)
- ◆ **We deployed a methodology to identify critical data elements for clinical management, then built them into clinical workflows** (Danger! Recreational data collection!)

Structured expert opinion

1. **Build a conceptual model**
2. **Generate a list of desired reports**
 - ◆ use conceptual model plus outcomes heuristic
 - ◆ format: annotated run charts / SPC charts
 - ◆ **test** with target end users
3. **Generate a list of data elements**
 - ◆ use list of desired reports; think numerators and denominators
 - ◆ format: coding manual --> self-coding data sheets
 - ◆ **test** (crosswalk) final self-coding data sheets against report list
 - ◆ **test** manually, at front lines
4. **Negotiate what you want with what you have**
 - ◆ identify data sources for each element: existing/new, automated/manual
 - ◆ consider value of final report vs. cost of getting necessary data
5. **Design EDW structure** (data marts, data flows, manual data, etc.)
6. **Program analytic routines, display subsystems**
7. **Test final reporting system**

Ties very closely to EMR

*We were not able to
show a return on investment
for our electronic medical record systems*

until we

combined them with our clinical improvement

*Informatics builds the tools;
Clinical quality improvement builds the content.*

Enterprise Data Warehouse (EDW)

- **58 clinical registries aligned to specific conditions** representing about 80% of all care delivered within Intermountain
- **follows every patient longitudinally over time** condition-specific clinical, cost, and service intermediate and final outcomes
- **about 3 petabytes** (million gigabytes) **of storage**
- **primary use: routine clinical management**

The Learning Health Care System

1. ***Build a system to manage care***
2. ***Justify the required major financial investment on the basis of care delivery performance -- "the best clinical result at the lowest necessary cost"***
3. ***Use the resulting clinical management data system to:***
 - (a) ***Generate true transparency at the clinician-patient level, rolling up to the national level***
 - (b) ***"Learn from every patient" - integrate clinical effectiveness research into front-line care***

2015 “Type 1” learning production

- ◆ **Women & Newborn: 84 peer-reviewed articles**
- ◆ **Cardiovascular** (2103 data):
 - 64 peer-reviewed articles**
 - 67 abstracts**
 - 15 "other" - book chapters, editorials, etc.**
- ◆ **Other Clinical Development Teams also published**
(just not as prolific as Women & Newborn and CV -- ~400 total articles)
- ◆ **Cumulative impact on cost of operations: ~\$688 million**

**Goal: 1,000 peer-reviewed Type 1 publications
in a single year**